

# Aller vite, doucement

## Les adjectifs, adverbess

### Vite, rapide, rapidement

<b>Fast</b>	I'm going fast
<b>Quick</b>	It's a quick answer
<b>Quickly</b>	Start quickly

### Lent, lentement, doucement

<b>Slow</b>	It's a slow move
<b>Slowly</b>	I move slowly
<b>Easy</b>	Take it easy

## Les noms

<b>Speed</b>	<b>Velocity</b>	<b>Rate</b>	<b>Pace</b>
He's running at <b>high / low</b> speed			

## Accélérer

<b>To accelerate</b>	<b>to speed up</b>	<b>go faster</b>	<b>to increase speed</b>
----------------------	--------------------	------------------	--------------------------

## Ralentir

<b>To decelerate</b>	<b>to slow down</b>	<b>go slower</b>	<b>to decrease speed</b>
----------------------	---------------------	------------------	--------------------------

## Maintenir la vitesse

To maintain pace,

## Expressions

I run at high speed

Keep going

I'm faster than you

I'm the fastest

## Les unités

Km/h kilometers per hour    M/h miles per hour    m/s meters per second

## Questions

What's your speed ?

How fast are you ?